

**Parent/Guardian Consent, Medical Release and Release from Liability Agreement**

*Please read the following information carefully before signing.*

All blanks must be completed. Please read the following information carefully before signing.

Activity: \_\_\_\_\_ Activity Time Period: \_\_\_\_\_

Activity Sponsor: \_\_\_\_\_

Participant Name: \_\_\_\_\_

Parent/Guardian Name(s): \_\_\_\_\_

In consideration for allowing Participant to participate in Activity, I/we, as parents and/or guardians of Participant, agree to the following:

Authorize Participant to participate in the Activity for the Activity Time Period stated above.

Release, indemnify and hold harmless the Activity Sponsor and University from any and all damages, except for damages caused by the sole gross negligence or intentional misconduct of Activity Sponsor or University, arising out of the participation of Participant in the Activity.

Prior to the commencement of the Activity, I/we were made aware of the nature of the Activity, had sufficient opportunity to inquire further, and understand the Activity has inherent risks and I/we and Participant assume, on behalf of Participant, all those inherent risks.

While participating in the Activity, Participant is subject to the policies, rules and regulations of the University and Activity Sponsor. Possession of fireworks, explosives, any weapon, illegal drugs or alcohol is prohibited and cause for immediate expulsion from the Activity. Further, any Participant repeatedly disobeying University or Activity Sponsor policies, rules or regulations may be expelled from the Activity.

Authorize Activity Sponsor, its employees, clinicians, trainers, nurses and agents (collectively, "Activity Sponsor") the authority to seek, obtain, and approve any medical care and treatment including, but not limited to x-ray examination, anesthetic, medical, dental or surgical diagnosis, or treatment and medical care which may be recommended and provided under the general supervision of any physician or surgeon, for Participant which, in their judgment, is necessary for the health and well-being of Participant during his/her participation in the Activity. I/We further agree that I/we are(am) solely responsible for any costs incurred and agree to hold the Activity Sponsor and the Regents of the University of Michigan, their employees and agents (collectively, "University") harmless for any liability arising out of any good faith action taken in obtaining medical treatment for Participant.

The above agreements are binding upon us, our estates, heirs, representatives and assigns.

Parent/Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_

Participant Signature \_\_\_\_\_

Date \_\_\_\_\_

# HEALTH INSURANCE INFORMATION SHEET

**EVERY PARTICIPANT MUST HAVE THIS FORM ON FILE**

Private insurance information must be provided, if applicable. Please be advised that, should a participant require medical attention, **you are responsible for paying any costs not covered by insurance.**

Participant Name \_\_\_\_\_

Participant's Address \_\_\_\_\_

Participant's Phone Number \_\_\_\_\_

Date of Birth \_\_\_\_\_

Insurance Company Name \_\_\_\_\_ Effective Date \_\_\_\_\_

Address of Insurance Company \_\_\_\_\_

Phone Number of Insurance Company \_\_\_\_\_ Group # \_\_\_\_\_

Policyholder's Name \_\_\_\_\_ Policy # \_\_\_\_\_

Policyholder's Address \_\_\_\_\_

Relationship to Participant \_\_\_\_\_

Contract # \_\_\_\_\_ Employee Number \_\_\_\_\_

**I hereby authorize the release of any medical information which might be needed in connection with payment for medical services.**

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

**I request that payment under my medical insurance program be made directly to the provider on any bills for services rendered by that provider. I understand that I am financially responsible for all costs not paid by my medical insurance program.**

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

## EMERGENCY INFORMATION AND CONTACTS

**Please complete this form in its entirety. This information will be helpful in the unlikely event of an accident or sudden illness.**

Name of Personal Physician \_\_\_\_\_ Phone \_\_\_\_\_

Physician Address \_\_\_\_\_

Person(s) to be contacted in case of Emergency:

Name \_\_\_\_\_ Relationship \_\_\_\_\_

Address \_\_\_\_\_

Daytime Phone \_\_\_\_\_ Evening Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Name \_\_\_\_\_ Relationship \_\_\_\_\_

Address \_\_\_\_\_

Daytime Phone \_\_\_\_\_ Evening Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

**UM Summer Camp Health Questionnaire**  
(To be filled out by Participant's Parent or Guardian)

**Participant** \_\_\_\_\_ **Birthdate** \_\_\_\_/\_\_\_\_/\_\_\_\_ **Sex:** M F

**Address** \_\_\_\_\_ **Phone** ( ) \_\_\_\_\_ - \_\_\_\_\_

**Family Physician** \_\_\_\_\_ **Phone**( ) \_\_\_\_\_ - \_\_\_\_\_

**Parent/Guardian** \_\_\_\_\_ **CampType** \_\_\_\_\_

**Medications: (indicate medication(s) which is/are taken on a regular basis:**

Medication Name \_\_\_\_\_ Dosage \_\_\_\_\_ Directions \_\_\_\_\_

Medication Name \_\_\_\_\_ Dosage \_\_\_\_\_ Directions \_\_\_\_\_

Note: Participant should bring an adequate supply of their medication(s) with them.

**Explain any "yes" answers below:**

**Yes    No**

**Nervous System:** Has the participant ever...

1. had a head injury?.....
2. been knocked out or unconscious?.....
3. had a seizure?.....
4. had a stinger, burner or pinched nerve?.....
5. had any problems with his/her eyes or vision?.....
6. worn glasses, contacts or protective eyewear?.....

**Circulation:** Has the participant ever...

7. been dizzy or passed out during or after exercise?.....
8. had chest pain during or after exercise?.....
9. tired out more quickly than their friends during exercise?.....
10. been told he/she has a heart murmur?.....
11. had racing heart or skipped heartbeats?.....
12. had anyone in their family died of heart problems or sudden death before age 50?.....

**Respiratory:**

13. Does the participant ever have trouble breathing or cough during or after exercise?.....

**Musculoskeletal:**

14. Does he/she frequently have heat or muscle cramps?.....
15. Do he/she use any special equipment (pads, braces, neck rolls, mouth guards, etc.)?.....
16. Has she/he had any injuries of any bones or joints?.....

Head	Chest	Shoulder	Elbow	Wrist	Hip	Knee	Ankle
Neck	Back		Forearm	Hand	Thigh	Calf	Foot

17. **Skin:** Does she/he have any skin problems (itching, rashes, acne, etc.)?.....

**General:**

18. Has he/she ever had surgery or been hospitalized?.....
19. Has he/she had any other medical problems (infectious mono, diabetes, high blood pressure, etc.)?.....
20. Is he/she taking any medications or pills?.....
21. Does he/she have any allergies (medicines, bees or other stinging insects)?.....
22. When was the participant's last tetanus shot? \_\_\_\_\_
23. When was the participant's last measles immunization? \_\_\_\_\_

**Females only:**

24. When was the participant's first menstrual period? \_\_\_\_\_
25. When was the participant's last menstrual period? \_\_\_\_\_
26. What was the longest time between the participant's periods last year? \_\_\_\_\_

**Explain "Yes" answers:**

\_\_\_\_\_

\_\_\_\_\_

I hereby state that, to the best of my knowledge, my answers to the above questions are correct. I, as parent/guardian, also consent to the examination of the Participant. Any abnormalities will be referred to the Participant's personal physician or appropriate specialist physician.

**Signature of Participant** \_\_\_\_\_ **Date** \_\_\_\_/\_\_\_\_/\_\_\_\_

**Signature of parent/guardian** \_\_\_\_\_

**Physical Examination**  
**(To be filled out by Child's Doctor)**

Date \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Name of Participant \_\_\_\_\_ Age \_\_\_\_\_ Birthdate \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Each participant must EITHER attach a copy of a physician conducted sports examination applicable to this current academic year OR have a physician complete and then sign the form below.

**Clearance:** (circle one)

A. **Cleared**

B. **Cleared after completing evaluation / rehabilitation for:** \_\_\_\_\_

C. **Not cleared for: Collision**

**Contact**

**Noncontact:**      Strenuous      Moderately strenuous      Nonstrenuous

**Due to:** \_\_\_\_\_

**Recommendation:** \_\_\_\_\_

**Signature of physician** \_\_\_\_\_ **Date** \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

**Physician Address** \_\_\_\_\_

**Physician Phone** \_\_\_\_\_